

Happy birthday to our Bro. Knights celebrating their birthdays in July:

Bill Smith, Jr.  
Peter Gibb  
Marian Soja  
Austin Gilbert

Joe Walker  
Don Loehr  
Michael Loos

Hong Nguyen  
Greg Scheer  
Angus Mlazgar  
Perry Heatcoat

### 1st Degree Exemplification

On Wednesday, June 30, 2010, at 7:30 pm in St. Peter's Church Hall, Nanaimo, we conducted another **First Degree exemplification** for our district. We had two candidates taking their 1st Degree and joining our Order, namely, Bro. **Perry Heatcoat** for our own council, and Bro. **Marko Sertic**, for Santa Maria Council #4582, Ladysmith. We wish to thank the members of the First Degree Team for putting on the Degree with such great dignity and inspiration. We are extremely happy with the good number of Knights who turned out in support of our new candidates, including members from the Ladysmith council. Thank you Brothers for your great support! And finally, our thanks to D.D. **George Martin** and our insurance agent, Bro. **Marcel Casavant** for their presence and dedication. We are happy to welcome our new Brothers to our ranks and wish them many years of happy and fruitful service to and for their councils. Welcome Brothers!

### Pancake Breakfast at Bayview School

Our final pancake breakfast of the school year was served on June 28, 2010 at **Bayview School**. Six Bro. Knights worked at the event: **Claude Francoeur, Angelo Petraroia, Bill Smith, Sr., Dan DePape, George Martin** and **Hans Fadum**. They arrived at the school just after 6:00 in the morning to get everything ready. By 7:45 a.m. the first students, parents, teachers, and indeed, whole families arrived. The hot, delicious pancakes and sausages were thoroughly enjoyed by all as was evident by the many happy and smiling faces. We were very pleased to have been able to serve well over 150 helpings. As always, this was a very gratifying experience for all the Brothers involved, especially with the realization that on this one day at least, they had made a real difference in the lives of these children. Well done Brothers and our sincere thanks.

### On the Lighter Side ....

#### EXERCISE FOR PEOPLE OVER 50

Begin by standing on a comfortable surface, where you have plenty of room at each side. With a 5-kg potato sack in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax. Each day you'll find that you can hold this position for just a bit longer. After a couple of weeks, move up to 10-kg potato sacks. Then try 25-kg potato sacks and then eventually try to get to where you can lift a 50-kg potato sack in each hand and hold your arms straight for more than a full minute. (I'm at this level). After you feel confident at that level, put a potato in each sack.



Mid-Island Council #3842  
Knights of Columbus  
Nanaimo, B.C. Canada

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Mid Knight News

July 2010

#### Executive meetings:

Last Thursday of the month (Aug.-June) in St. Peter's Church, Upper room, at 7:00 pm

#### Regular meetings:

1st Wednesday of the month in St. Peter's Parish hall, 7:00 pm

#### Pancake breakfast:

Every 3rd Sunday after both Masses

#### Officers for 2010/2011

Grand Knight	Bill Ducey	250-755-1181
Past Grand Knight	George Martin	250-754-0826
Chaplain	Fr. Waldemar Podlasz, SDS	250-753-3570
Deputy Grand Knight	David Lorette	250-247-8981
Chancellor	Rawley Morales	250-754-4809
Recorder	Louis De Pagie	250-740-1174
Financial Secretary	Hans Fadum	250-754-1694
Treasurer	Rick Jones	250-756-3038
Lecturer	Claude Francoeur	250-754-2425
Advocate	Dan DePape	250-740-2521
Warden	Dan Ober	250-714-1584
Inside Guard	Mike Loos	250-716-5893
Outside Guard	Helmut Koch	250-591-0838
Trustee 3 Years	Bob Poulin	250-729-9102
Trustee 2 Years	Ted Kelly	250-758-5095
Trustee 1 Year	Rene Marchand	250-753-1657

Our congratulations and best wishes to our  
new executive officers.



Visit our website at: <http://members.shaw.ca/kc3842>

This bulletin is also available on our website at:

<http://members.shaw.ca/kc3842> (Bulletin)

Our Email address: [kc3842@shaw.ca](mailto:kc3842@shaw.ca)

## Year of the Priest

To celebrate the end of 'The Year of the Priest', our Council organized a special Rosary on Friday, June 18, 2010. We were happy to have had many of St. Peter's parishioners as well as about 20 members participate. We prayed the rosary for the Holy Father, the bishops and all priests of the Church, and specifically for our own pastor and council chaplain,



Rev. Father **Waldemar Podlasz**, SDS. To further celebrate the event, as well as to honour and express our love and gratitude to Fr. Waldemar, our Worthy Grand Knight, **Bill Ducey**, on behalf of the council, presented Father with a copy of the BC & Yukon State centennial book, and a specially embroidered KofC chasuble and stole (picture).

*Let us always show in words, deeds and prayer that the Knights of Columbus always stand in solidarity with our priests and bishops.*

### REMINDER

- 1). The confirmed date for the **St. Peter's/KofC Annual Parish Picnic** is set for Sunday, **Aug. 8, 2010**, at the lower picnic shelter, Bowen Park, Nanaimo. We urge all members and their families to come out and enjoy this great annual event.
- 2). Remember in your prayers all those who are sick: Bros. **Jack Kelly**, **Joseph MacLellan**, **Gerard LeChasseur**; **Monica** and Bro. **David Hawthorn**; **Marie**, wife of Bro. **Leo Poirier**; **Debra**, wife of Bro. **Jake Gillespie**; **Joan**, wife of Bro. **David Kenny**; and **Maria**, wife of Bro. **Alex Kotai**. Also keep in your prayers those who have passed away, especially: Bro. **Christian Doszecki**; **Berta Poza**, mother-in-law of Bro. **Rawley Morales**; and **Steve**, son-in-law of Bro. **Vince Cooke**.

## Parish/KofC Annual Golf Tournament 2010

The 12th annual St. Peter's/KofC golf tournament was held on Saturday, June 12, 2010, at Arrowsmith Golf and Country Club. This year the Lord smiled upon our tournament once again with beautiful sunshine and warm weather. We were grateful having been supported not only by the parishioners and Knights of St. Peter's, but also by our brother Knights from Trinity Council as well as many other loyal friends. Thank you to one and all! A total of 22 teams, 85 golfers participated, and we were 102 for the wonderful chicken and steak dinner. This year again, courtesy of **Western Financial Group (Bakes-Jarvie Insurance Brokers Ltd.)**, we had the added incentive to do well with a **Hole-in-One** competition, which unfortunately, was not won by anyone. Prizes were presented to the captains of all the teams. Mr. **Danny Kich**, and his team of Mr. **John Kerr**, **John Wesley** and **Jim Wilson** were the 1st prize winners and were awarded the "**Catherine Sweet Memorial Cup**. '**Closest-to-the-Pin** was won by **Sandra Ducey** and **Doug Taylor**. The 50-50 raffle raised about \$350 and was won by **James Wilson**; half of this money will be presented to the St. Peter's Building Fund. The **Attilio Lindia Memorial Award**, named in memory of Bro **Joe Lindia's** father and to be given out annually to the **Most Honest Team** was awarded to the team of Bro. **Rene Marchand**, his son **Marc**, and Bro. **Michael Loos**. This year, for the first time, we had two new prizes. The first was a great and very special **Door Prize**, generously donated by **Steve Marshall Ford**, and won by **Michelle Greene**; the second, a **Ladies Just Meal Draw**, won by **Doreen Finch**. Our most heartfelt congratulations to all the participants and 'thank you' for your great support. We also extend our thanks to all who worked so hard to make it all possible. We especially thank Bro. **Dan DePape** for organizing and running the event so very efficiently. Without his tireless and persistent efforts it could never have happened. In addition, a big 'thank you' goes to Bro. **Bill Ducey** for taking care of the registration; to **Leo Poirier** and the many others who helped in so many ways; to **Judy Francoeur** for watching over our Hole-in-One; to **Darcy Ross** for running the 50-50 draw; and to Bros. **Bill Ducey**, **Leo Poirier**, **Vince Cooke**, **Joe Walker**, **Dan DePape**, **Curly Greene** and **Claude Francoeur** for spending many hours soliciting sponsors. Finally, we very gratefully acknowledge and thank all our local corporate sponsors who donated those many wonderful prizes. Thank you one and all!

*For a complete set of pictures, please visit the "Gallery" page on our website at: <http://members.shaw.ca/kc3842>*

### News bytes.....

- On July 10, 2010, will be having our installation of officers at Trinity Centre. The evening will begin with mass at 6:00 p.m., followed by the installation and light refreshments thereafter. We urge all incoming executive officers to make every effort to attend.
- A jointly hosted **Major Degrees Exemplification** is planned for Oct.30, 2010 here in Nanaimo. Details will follow.